



UASC
PO Box 797
Woodstock, VT 05091

Dear Skaters and their Families:

Welcome to the Union Arena Skating Club Skate Session II. The excitement of fall sports and state tournaments is still in our memories, but our bodies are ready for the fun and challenge of winter skating. Come to the Union Arena and “warm up!!” with us. We look forward to great times on the ice.

Attached are registration materials for Session II, the Winter session which will run **Jan 2 - Feb 18**. (Note we are offering Learn to Skate on both Wed and Sat)
The following materials are necessary for registration:

- 2011-2012 Registration Form
- Union Arena Rink Participant Form
- UASC Medical Emergency Form

Please complete these forms and either bring them to the first session you plan to attend or mail to **UASC, PO Box 797, Woodstock, VT 05091** with a check made payable to UASC. (If you participated in Session I, you need not fill out the forms for contact information, the medical form or the waiver—pages 3, 5 & 6, nor should you pay the Club Membership fee.)

QUESTIONS? Contact Terrie Curran: uascsk8info@gmail.com or 802-457-3251

Happy Skating!

Union Arena Skating Club
Visit us on Facebook!



UASC offers both Group Lessons and Freestyle Ice (for practice and private lessons) on Mondays, Wednesdays, Fridays and Saturdays.

All programs are subject to minimum and maximum class sizes.

- **GROUP LESSONS** are divided up by ability and usually contain no more than 10 skaters. All group lessons begin with on-ice warm-ups. If you are unsure about what is best for your skater contact a member of the Board.
- **FREESTYLE ELEMENTS** offer focused sessions on jumps, spins, moves-in-the-field, footwork and artistry and are open to skaters who have passed Basics 8.
- **FREESTYLE ICE** is for UASC club members to schedule private lessons and for skaters to practice and prepare for competitions. Skaters must have passed Basic Skill level 3 or above to use this ice and there are logistic guidelines regarding these practice times. Freestyle ice passes must be purchased in advance, or a higher walk-on fee is charged on the day (payment due at time of skating). Passes are not transferable among family members. Passes may be used, based on availability, on Group Ice either for a private lesson or practice. Each skater using the freestyle practice time will have to check in before they get on the ice.
- **PRIVATE LESSONS** are available to skaters Basic 3 and above. If you arrange a private lesson during a Freestyle Practice Session you must pay for freestyle ice as well as the private lesson. We encourage you to sign up for private lessons early as we have very limited ice time and many takers. Payments for private lessons are negotiated and made directly with the coach.
- **MOVES IN THE FIELD:** "Moves" is a technical discipline designed to help skaters who are beyond the Basics improve their execution of the moves of skating. Edgework, turns, stroking, body control and extension are emphasized, mostly done with "power" as the primary focus. The Moves is a must for skaters who are interested in testing, but also an excellent way to improve core skills.
- **ICE DANCE** emphasizes interpretation of music, rhythm, precise footwork and edgework. Skaters begin with compulsory dances that can be compared to ballroom dances. Each dance has a prescribed pattern set to music with a particular kind of rhythm and tempo, such as waltz, tango, or foxtrot (defined by USFSA and ISU). Dance is open to Basic 6 skaters and above, or with permission of the instructor.

PAYMENTS must be paid in full at the start of the session or a payment plan must be in place.

MAKEUPS AND REFUNDS: Missed Group/Moves/Dance lessons can only be made up within that session and are not transferable to a later session. There are no refunds unless conditions cause the Arena itself to close.



2011-2012 Registration

**ONE FORM PER SKATER PLEASE;
MAIL TO: UASC, PO BOX 797, WOODSTOCK, VT 05091**

Skater Information

Skater Name _____ Age _____ Date of Birth _____
School _____ Grade _____

Parent/Guardian Information

Parent/s _____
Home Phone _____
Work Phone _____
Cell Phone _____
Mailing Address _____
Town _____ State _____ Zip _____
Email _____

- I would be interested in volunteering
Please check

Level

Please indicate the current level of this skater. This is the level they have yet to be tested in.

Current level of skater _____

If you are unsure please contact us at uascsk8info@gmail.com for verification

UASC Media & Publicity Release Form

Occasionally, skaters' activities are photographed by news organizations or videotaped by local television stations. Children are sometimes individually identified in published photos or films. Most children enjoy seeing themselves on television or in the newspaper. We do require permission so please indicate if this is acceptable or not.

- I DO NOT give permission for my child's picture to appear in the newspaper or on local television news broadcasts.
- I give permission for my child's picture to appear in the newspaper or on local television news broadcasts.

SESSION II: MONDAY JAN 2 – SATURDAY FEB 18

Skater Name _____

Group Lessons (Check the group[s] & time[s] you wish for a lesson; you may opt for half hour lessons at half the full hour price)

MONDAYS: Jan 2, 9, 16, 23, 30, Feb 6, 13 (7 weeks);
5:30-6:30 pm Dance; Basic Skills 5-8; Free Style Elements
One hour per week = \$168. \$ _____

WEDNESDAYS: Jan 4, 11, 18, 25, Feb 1, 8, 15 (7 weeks);
3:30-4:30 pm Basic Skills 1-8; Free Style Elements
4:-4:30 Learn to Skate (\$84)
One hour per week = \$168. \$ _____

FRIDAYS: Jan 6, 13, 20, 27, Feb 3, 10*, 17 (6-7* weeks);
5:20-6:20 pm Basic Skills 1-8; Free Style Elements
One hour per week @ 6 weeks = \$144; 7 weeks = \$168 \$ _____

SATURDAYS: Jan 7, 14, 21, 28, Feb 4, 11*, 18 (6-7* weeks);
2:20-3:20 Basic Skills 1-8; Free Style Elements
2:50-3:20 Learn to Skate (6 wks = \$72; 7 wks = \$84)
One hour per week @ 6 weeks = \$144; 7 weeks = \$168 \$ _____

Multi Skater Family Discounts

Additional family members receive 10% discount on Group Lessons
Discount applies to the skater at the lower cost. Please indicate the discount on the skater's form that it applies to.
\$ _____

Freestyle Ice

FRIDAYS: Jan 6, 13, 20, 27, Feb 3, 10*, 17: 4:20-4:50 & 4:50-5:20 (and on Group ice as available,
for private lesson or practice).
Passes for 26 half hour sessions = \$300;
Passes for 12 half hour sessions = \$144.
Walk-on: \$15 per half hour. \$ _____

Club Membership (includes USFSA membership)

*Must be renewed for 2011-2012 season.
Each skater must pay membership—1st skater full price, second skater 1/2 price (of less expensive membership)*

Basic Skills 1-8 \$25 \$ _____
Free Style \$65 \$ _____

Please make checks payable to UASC **TOTAL \$** _____

* Club ice may not be available on Feb 10 & 11 depending upon hockey tournaments; we will know for certain by the time Session II starts on January 2.

Office Use Only Check No _____ Check Amount _____

UNION ARENA COMMUNITY CENTER, 2011-2012 PARTICIPANT WAIVER
--READ BEFORE SIGNING--

In consideration of being allowed to participate in any way in a Union Arena program, related events, and activities of or at Union Arena, I _____, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown of my participation in Ice Skating, and any other activity at Union Arena, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

3. I willingly agree to comply with the stated and customary terms and conditions for participation in any Union Arena event. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE UNION ARENA COMMUNITY CENTER, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

5. Arbitration: In further consideration of allowing me to participate in the aforementioned activities, I hereby agree to submit to binding arbitration any and all claims which I believe I may have against the facility arising from my activities at the facility. The arbitration shall be pursuant to the rules of the American Arbitration Association. The arbitrators shall apply the Federal Rules of Evidence to all proceedings.

6. Arbitration shall be commenced within one (1) year from the date on which any alleged claim first arose. Further, the arbitration shall be held in the town where the Arena is located, unless otherwise mutually agreed to by all the parties. The submission to the American Arbitration Association shall be unlimited and the arbitration award may be enforced by any court of competent jurisdiction.

7. Alcoholic beverages are not allowed in or on Union Arena Community Center property. Game forfeitures and player suspensions will result for violations of this policy. Union Arena management reserves the right to remove anyone suspected of playing under the influence of alcohol. Union Arena management reserves the right to inspect locker rooms at any time; should alcohol be found, it will be confiscated. This policy is in effect at all times and is strictly enforced.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Date Signed: _____ Age _____ DOB _____
Participant's Signature
Name- _____
Address- _____
Phone- _____ Email _____

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Signed: _____ Date: _____